



48 HOURS IN GLENWOOD SPRINGS Gals' Getaway

Hotel Colorado

By SAVANNAH NELSON

Let's hear it for the girls. Whether it's a galentine's day or a regular celebration of friendship, a weekend away to Glenwood Springs is the ultimate trip.

Here's how to get
the most out of
48 hours in our
favorite mountain
town with the gals.

DAY ONE

MORNING Nothing says a girls' trip quite like a spa service. Glenwood Springs has plenty of options for rest, relaxation and a little pampering.

The Yampah Vapor Caves offers steam baths in their mineral caves, along with a full-service spa menu of massages, nail and hair treatments.

AFTERNOON After a revitalization session, mix up the pace with an outdoor experience. Depending on the vibe of your friend group, choose your adventure.

Option A: Take a gondola ride up a mountain with expansive (not to mention Instagram-worthy) views and enjoy caverns and thrill rides at the Glenwood Caverns Adventure Park.

Or, Option B: Head to Sunlight Mountain Resort for an afternoon of skiing or snowboarding, with runs that cater to both beginners and advanced snowbirds, including a bar and grill at the base for après.

Either way, there's no going wrong with some fresh air and adrenaline.

EVENING Every fun night out starts with a nice drink. Riviera Supper Club, Casey Brewing and Blending, the Glenwood Canyon Brewpub and the Stoneyard Distillery are all great starting points. See where the night takes you from there!



DAY 2

MORNING Start your day with a dip at one of Glenwood Springs' famed hot springs, for which the town is named.

Glenwood Hot Springs Resort is the largest hot springs pool in the world, an iconic spot with plenty of space to wade and swim from one side of the pool to the other.

Iron Mountain Hot Springs, on the other hand, has an entirely different vibe—it's considered a more adult atmosphere, with 18 smaller soaking pools and alcohol sales on-site.

Nothing screams brunch quite like a gals' trip, especially after soaking in steaming mineral waters. Take your appetite to one of Glenwood's go-to breakfast spots, like the 19th Street Diner, Bluebird Cafe or Daily Bread.

AFTERNOON Kick off your afternoon by exploring all the shops on Grand Avenue. Not only is Glenwood's downtown picturesque (the Bethel Plaza has lights and cobblestone and the pedestrian bridge offers fantastic views), but the local stores have fantastic retail therapy. There are several tattoo parlors, too, if you're looking to close out your girls' weekend with a memory you'll never forget.

If you need a break from shopping, check out Hotel Colorado. Not only do they have an incredible holiday light display and a beautiful vibe, but the historic hotel also has a restaurant that serves delicious food and a great happy hour.

EVENING Toast to a successful gals' trip at a nice dinner at one of Glenwood's best restaurants, like Juicy Lucy's, Zheng or Brava.

Because a single weekend is hardly enough time to cram it all in, plans will definitely be made to return, maybe even with spouses next time.



Glenwood Hot Springs Resort